

DR. MARCIA BAILEY



# SHEETS

WORKBOOK DEVOTIONAL

# TO MY FELLOW SHE'S,

When is the last time that you moved forward fully in your purpose without doubting yourself or second guessing your own abilities? I will tell you now that it is not God's will for us to be timid or frozen with fear. We have been created by God to win at being the women that he has created us to uniquely be! Many of us have believed lies that have told us that we're not enough, and this has limited us and has caused us to doubt our capacity. But today, we say that she is **BOLD**, she is **COURAGEOUS**, she is **FEARLESS**, and she is **POWERFUL**! We are on the brink of a new era in The Kingdom, and it is now time to discover and walk in our authority as our true, authentic selves. Are you ready to join me on this journey? It is my prayer that this work devotional will be a tool in your process of becoming the *SHE* that God has created you to be. Take your time and please, let's do the work! I also would love to hear about your process, discoveries and breakthroughs as a result of this work devotional!

Connect with me on social media on **Facebook**: Dr. Marcia Bailey, **Twitter**: @Marcia\_Bailey, and on **Instagram**: @marcialbailey and let's keep the becoming going!

Sincerely,

*Dr. M*

# *SHE defined:*

*A female, woman*

Genesis 1:27 NLT[27] So God created human beings in his own image. In the image of God he created them; male and female he created them.

## Who Is She?

Have you ever been somewhere and an unknown woman walks into the room and her presence begs the question, "who is she?" Her light enters the room before her, and when we have the Holy Spirit inside of us, we should enter every space with confidence and aptitude.

### **Let's explore....**

Describe who you are. What makes you...you? List your most noticeable attributes, good qualities, talents and gifts.

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What lies has SHE ever been told about her potential, ability, or value?

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Which one of these lies is still lodged in your mind?

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How has believing this lie affected your life?

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What should SHE do from this day forward to negate that lie?

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# *SHE defined:*

*Noun: a female, woman*

## **Action Steps on the way to SHE IS:**

SHE will choose to see herself like....

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in order to live free from the lie of...

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SHE will repeat these positive thoughts daily...

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in order to live free from the lie of...

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SHE will speak like this about herself like...

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in order to become all that SHE IS to become.

**We cannot wait for others to affirm who we are in Christ. Write an affirmation that is about you living free as the SHE that God has created you to be.**

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# IS defined:

*Verb: expressing existence of state of being. To be.*

Genesis 1:28 KJV[28] And God blessed them, and God said unto them, Be fruitful, and multiply, and replenish the earth, and subdue it: and have dominion over the fish of the sea, and over the fowl of the air, and over every living thing that moveth upon the earth.

SHE IS blessed and empowered to be fruitful, to operate in the capacity of increase, and SHE IS equipped to subdue and dominate in life.

This is SHE's state of being.

This is the core of your IS. If this is shaky we will struggle in our charge to be courageous, fearless and unstoppable.

## Let's explore....

What is blocking you from embracing this *SHE IS* state of existence?

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What can you do to stay strong in your IS?

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## Find support in your IS:

Write the names of the individuals who will support, encourage and remind you of your IS:

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How will you make yourself accountable to your village of SHE?

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# *SHE IS Courageous*

*Adjective: not deterred by danger, pain, to be brave.*

*To stand against the odds*

Joshua 1:9 KJV[9] Have not I commanded thee? Be strong and of a good courage; be not afraid, neither be thou dismayed: for the Lord thy God is with thee whithersoever thou goest.

God has called many of us to go where no one in your family has gone before. To do, create, and build something that is very daunting. However, God is with us and we have to have **courage**. My friend, SHE IS Courageous!

## **Let's explore....**

What are the things that hinder you from courageously walking in purpose?

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Are these real barriers? Or are they thoughts and images that appear powerful?

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How have these intimidators stopped you from being courageous?

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Take some time to find scripture to build your faith and empower yourself to stand courageously in purpose.

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Write an "**I am courageous**" confession:

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# SHE IS Fearless

*Adjective: the refusal of being controlled by the emotion of fear*

Isaiah 41:10 KJV[10] Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness.

Ladies, the enemy does not want us to become all that God has created us to be. He will use all of his trickery to intimidate us and paralyze us with fear. We have to push passed this and fight to be fearless by reminding ourselves that we are not alone in this journey, and that God is with us, and he *will* help us.

## Let's explore....

What areas of your life has God required you to be fearless in?

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How has fear stopped or hinder you?

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What can you do to break free from the limitations of fear?

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Take some time to find scripture that speak against fear:

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Write your "**I am fearless**" confession:

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# SHE IS Unstoppable

*Adjective: impossible to stop or prevent*

Joshua 1:5-6 KJV[5] There shall not any man be able to stand before thee all the days of thy life: as I was with Moses, so I will be with thee: I will not fail thee, nor forsake thee. [6] Be strong and of a good courage: for unto this people shalt thou divide for an inheritance the land, which I sware unto their fathers to give them

I believe as we decide to show up as SHE and discern all that she is, we will step forward courageously, stand fearlessly, and discover that with God we are unstoppable.

## Let's explore....

What areas of your life have you been stopped in your tracks? What have you stopped pursuing?

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If you have multiple areas, which incomplete area bothers you the most? Rank them from most bothersome to least.

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What has stopped you?

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What needs to happen in order for you to become unstoppable?

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Write an "**I am unstoppable**" confession.

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# *SHE IS*

*Courage*

*Fearless*

*Unstoppable*

**Here are some scriptures to hold on to in remembrance of this truth:**

## **Romans 10:10 KJV**

[10] For with the heart man believeth unto righteousness; and with the mouth confession is made unto salvation.

## **Proverbs 18:20-21 KJV**

[20] A man's belly shall be satisfied with the fruit of his mouth; and with the increase of his lips shall he be filled. [21] Death and life are in the power of the tongue: and they that love it shall eat the fruit thereof.

## **Joshua 1:8 KJV**

[8] This book of the law shall not depart out of thy mouth; but thou shalt meditate therein day and night, that thou mayest observe to do according to all that is written therein: for then thou shalt make thy way prosperous, and then thou shalt have good success.

Reflections:

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