

DR. MARCIA BAILEY



WORKBOOK DEVOTIONAL

To My Fellow SHE's,

When was the last time that you moved forward fully in your purpose without doubting yourself or second-guessing your own abilities? I will tell you now that it is not God's will for us to be timid or frozen with fear. We have been created by God to win at being the women that he has created us to uniquely be! Many of us have believed lies that have told us that we're not enough, and this has limited us and has caused us to doubt our capacity. But today, we say that she is **BOLD**, she is **COURAGEOUS**, she is **FEARLESS**, and she is **POWERFUL**!

We are on the brink of a new era in The Kingdom, and it is now time to discover and walk in our authority and who we are at a much deeper level. Are you ready to join me on this journey?

It is my prayer that this workbook devotional will be a tool in your process of becoming the SHE that God has created you to be. Take your time and please, let's do the work!

I also would love to hear about your process, discoveries, and breakthroughs as a result of this workbook devotional. Connect with me on social media on Facebook: Dr. Marcia Bailey, Twitter: @Marcia\_Bailey, and on Instagram: @marcialbailey and let's keep the becoming going!

Sincerely,

Dr. M

# SHE

A female or a woman.

## Genesis 1:27 NLT

[27] So God created human beings in his own image. In the image of God he created them; male and **female** he created them.

### *Who is SHE?*

Have you ever been somewhere and an unknown woman walks into the room and her presence begs the question, "Who is she?" Her presence enters the room before her, and when we have the Holy Spirit inside of us, we should enter every space with confidence and aptitude.

### Let's explore...

Describe who you are. What makes you, you? List your most noticeable attributes, good qualities, talents, and gifts.

---

---

---

---

---

What lies has SHE ever been told about her potential, ability, or value?

---

---

---

---

---

Which one of these lies is still lodged in your mind?

---

---

---

---

---

How has believing this lie affected your life?

---

---

---

---

---

What should SHE do from this day forward to negate that lie?

---

---

---

---

---

**Action Steps in the Way to SHE IS:**

SHE will choose to see herself like

\_\_\_\_\_.  
in order to live free from the lie of \_\_\_\_\_.

SHE will repeat these positive thoughts daily

\_\_\_\_\_.  
in order to live free from the lie of \_\_\_\_\_.

SHE will speak like this about herself

\_\_\_\_\_.  
in order to live free of the lie \_\_\_\_\_.

SHE will build these healthy habits

\_\_\_\_\_.  
in order to become all that SHE IS to become.

We cannot wait for others to affirm who we are in Christ or who we are to become. Take some time and write an affirmation that is about you living free as the SHE that God has created you to be.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

# IS

A verb; expressing the existence of a state of being; to be.

## Genesis 1:28 KJV

[28] And God **blessed** them, and God said unto them, **Be fruitful**, and **multiply**, and replenish the earth, and **subdue** it: and **have dominion** over the fish of the sea, and over the fowl of the air, and over every living thing that moveth upon the earth.

SHE IS blessed and empowered to be fruitful, to operate in the capacity of increase, and equipped to subdue and dominate in life. This is SHE's state of being.

This is the core of your IS. If this is shaky we will struggle in our charge to be courageous, fearless, and unstoppable.

## Let's explore...

What is blocking you from embracing this SHE IS state of existence?

---

---

---

---

What can you do to stay strong in your IS?

---

---

---

---

**Find support in your IS:**

Write the names of the individuals who will support, encourage and remind you of your IS:

---

---

---

---

---

How will you make yourself accountable to your village of SHE?

---

---

---

---

---

# COURAGEOUS

Not being deterred by danger or pain; being brave and standing against the odds.

## Joshua 1:9 KJV

[9] Have not I commanded thee? Be strong and of a good courage; be not afraid, neither be thou dismayed: for the Lord thy God is with thee whithersoever thou goest.

God has called many of us to go where no one in our family has gone before. To do, create, and build something is very daunting. God is with us and we have to have **courage**. My friend, SHE. IS. Courageous!

## Let's explore...

What are the things that hinder you from walking courageously in purpose?

---

---

---

---

---

Are these real barriers? Or are they thoughts, and images that appear powerful?

---

---

---

---

---





# FEARLESS

The refusal of being controlled by the emotion of fear.

Isaiah 41:10 KJV

[10] Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness.

Ladies, the enemy does not want us to become all that God has created us to be. He will use all his trickery to intimidate us and paralyze us with fear. We have to push past this and fight to be fearless by reminding ourselves that we are not alone in this journey and that God is with us, and He will help us.

## Let's explore...

What areas of your life has God required you to be fearless in?

---

---

---

---

---

How has fear stopped or hindered you?

---

---

---

---

---

What can you do to break free from the limitations of fear?

---

---

---

---

---

Take some time and find scripture that speaks against fear.

---

---

---

---

---

Write your “I am fearless” confession:

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

# UNSTOPPABLE

Impossible to stop or prevent.

## Joshua 1:5-6 KJV

[5] There shall not any man be able to stand before thee all the days of thy life: as I was with Moses, so I will be with thee: I will not fail thee, nor forsake thee.

[6] Be strong and of a good courage: for unto this people shalt thou divide for an inheritance the land, which I sware unto their fathers to give them.

I believe as we decide to show up as SHE and discern that she is, we will step forward courageously, stand fearlessly, and discover that with God we are unstoppable.

## Let's explore...

Take some time and think about areas in your life that you stopped doing or pursuing. What are they?

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

If you have multiple areas, which incomplete area bothers you the most? Rank them from most bothersome to least.

---

---

---

---

---

What stopped you?

---

---

---

---

---

What needs to happen for you to become unstoppable?

---

---

---

---

---

Write an "I am unstoppable" confession:

---

---

---

---

---

---

---

---

---

---

---

## **SHE IS COURAGEOUS, FEARLESS, & UNSTOPPABLE**

*Ladies, say your confessions daily and let's strengthen ourselves to be all that God has called us to be. There is power in the confession of our faith.*

**Here are a few scriptures that support confession:**

### **Romans 10:10 KJV**

[10] For with the heart man believeth unto righteousness; and with the mouth confession is made unto salvation.

### **Proverbs 18:20-21 KJV**

[20] A man's belly shall be satisfied with the fruit of his mouth; and with the increase of his lips shall he be filled. [21] Death and life are in the power of the tongue: and they that love it shall eat the fruit thereof.

### **Joshua 1:8 KJV**

[8] This book of the law shall not depart out of thy mouth; but thou shalt meditate therein day and night, that thou mayest observe to do according to all that is written therein: for then thou shalt make thy way prosperous, and then thou shalt have good success.

